

So Sri Lanka IRONMAN 70.3 Colombo

'So Sri Lanka IRONMAN 70.3 Colombo' will kick off at 6.15am on Sunday February 24 at the Galle Face Green with a single-loop, 1.9km swim starting at the beach adjoining Galle Face, followed by a flat and fast three loop 90km bike course and a 21.1km run course.

This is the second edition of the IronMan 70.3 Colombo which will see the participation of 745 athletes representing 58 countries.

The number of athletes from Sri Lanka will total 239, which is an increase from last year, where the participation from Sri Lanka included 219 athletes.

745 Participants
58 Countries

OVER 745 Local and out of town visitors

TOP SIX PARTICIPATING COUNTRIES

India	93
United Kingdom	52
France	35
Australia	39
USA	30
Sri Lanka	19

The event will see 569 males and 176 females pushing their limits at the triathlon on Sunday.



Sandun Kodithuwakku
OCM SportsDesk

The flat and fast three loop, 90km bike course will turn left out of transition at Galle Face Green, and onto Galle Road heading North towards the Port of Colombo - one of the most historic trading harbours in the world. After riding along the harbour breakwater athletes will head south, towards Marine Drive where they will make a right turn and enter the 10km time trial zone. Cyclists will enjoy views of the Indian Ocean as they head towards the Debowala Canal Bridge to complete one of three laps. **Bike cut off time: 1 hr 30 mins** (from individual start time)

